

CARTERET COUNTY, NORTH CAROLINA

Carteret Assist Hub

Community Resource Directory



115 organizations · 13 sectors

Compiled by the Carteret County Community Service Committee

Every organization in this directory is listed online, where the details are kept current. If something here is wrong or out of date, tell us at carteret-assist-hub.vercel.app/report and we will fix it.

Contents

SECTOR	PAGE
 Food Insecurity 42 listings	3
 Housing & Homelessness 7 listings	9
 Foster Care 2 listings	10
 Youth & Education 10 listings	11
 Senior Care 9 listings	13
 Animals & Wildlife 7 listings	14
 Environment 10 listings	15
 Domestic & Sexual Violence 2 listings	17
 Health Care Access 5 listings	18
 Veterans 3 listings	19
 Addiction & Recovery 6 listings	20
 Civic Engagement 6 listings	21
 Arts, History & Culture 10 listings	22

01 · 42 organizations

Food Insecurity

Food pantries, meal programs, grocery assistance across Carteret County.

All Saints Anglican Church

292 McCabe Road, Newport 28570

Phone: (252) 247-6909 · Email: ashlyn@allsaints.live · Web: <https://allsaints.live>

Hours: 3rd Sunday

Cost: free

Services: collection

Atlantic UMC

146 School Drive, Down East 28511

Phone: (252) 656-3009 · Email: styronbecky@yahoo.com

Hours: first Tuesday of the month, notices on Facebook if earlier

Cost: free

Serves: all

Services: staffed_pantry

Beaufort Faith Community's Food Initiative, St Paul's Episcopal Church

215 Ann St, Beaufort 28516

Phone: (252) 728-3213 · Email: sarahjows66@gmail.com

Hours: Drop off on the back porch

Cost: free

Serves: all

Services: collection

Beaufort Middle School

100 Carraway Dr, Beaufort 28516

Phone: (252) 728-4520

Hours: available 24/7

Cost: free

Services: self_serve_pantry

Bethlehem Methodist Church

728 Bogue Loop Road, Newport 28570

Phone: (540) 623-0658 · Email: vposey@ec.rr.com

Hours: by appointment

Cost: free

Services: staffed_pantry, collection

Carteret Community College, Smith Building

College Circle, Morehead City 28557

Phone: (252) 222-6253

Cost: free

Services: staffed_pantry

Spanish spoken

Carteret Food and Health Council

Morehead City

Phone: 734-644-4852 · Email: fwrcfhc@gmail.com · Web: <https://facebook.com/CarteretFoodandHealthCouncil>

Cost: free

Coastal Community Action Inc.

Newport

Phone: 252-223-1630 · Web: <https://ccaction.org>

Cost: free

Five Loaves Supper at First Baptist Church of Beaufort

403 Ann St., Beaufort 28516

Phone: (252) 240-9014 · Email: info.fbcbeaufort@gmail.com · Web: <https://www.fbcbeaufort.org/>

Cost: free

Serves: all

Services: hot_meals_pickup

Glad Tidings Church

4621 Country Club Rd, Morehead City 28570

Phone: (252) 626-0160 · Email: ginaclark@gladtc.com

Hours: CLOSED FOR LUNCH 12:00-1:00

Cost: free

Serves: all

Services: staffed_pantry

God's City of Refuge

953 Hibbs Road, Newport 28570

Phone: (252) 726-8424 · Email: elmorecurtis50@gmail.com

Hours: 2nd and 4th Thursday

Cost: free

Services: staffed_pantry

Hand 2 Hand Down East

425 Hwy 70, Smyrna 28579

Phone: (252) 418-0000 · Email: hand2handdowneast@gmail.com

Hours: delivery service within five miles of site

Cost: free

Serves: all

Services: hot_meals_pickup, hot_meals_delivery, collection

Spanish spoken

Hand 2 Hand Down East Food Bank

Down East

Phone: 703-732-1608

Cost: free

Harlowe UMC

4261 Hwy 101, Newport 28570

Phone: (252) 241-5896 · Email: gomamago43@yahoo.com · Web: <http://harlowe.nccumc.net/>

Hours: 1st and 3rd Saturdays

Cost: free

Services: hot_meals_pickup

Spanish spoken

Hope Mission

1410 Bridges St, Morehead City 28557

Phone: 252-240-2359 ext 1 · Email: glenn@hopemissionnc.org · Web: <https://HopeMissionNC.org>

Hours: bring donations to side kitchen door on 15th St, or hardware/ merchandise to Hope Mission Thrift Store

Cost: free

Serves: all

Services: collection, hot_meals_delivery, hot_meals_pickup

Hope Mission Soup Kitchen

1410 Bridges St, Morehead City, NC 28557, Morehead City 28557

Phone: 252-240-2359 · Email: meals@hopemissionnc.org · Web: <https://hopemissionnc.org>

Cost: free

Jeremiah 33:3 Ministries – Down East Thrift Store

Down East

Phone: 252-418-0103

Cost: free

Lighthouse Pantry

2015 Hwy 70E, Down East 28581

Phone: (252) 241-8687 · Email: joyce.gaskill@gmail.com

Hours: 2nd and 4th Saturdays

Cost: free

Serves: all

Services: staffed_pantry

Loaves and Fishes

1730 Live Oak St, Beaufort 28516

Phone: (252) 838-9035 · Email: dbruce@loavesandfishesnc.org

Hours: every Monday except Christmas

Cost: free

Services: staffed_pantry

Loaves and Fishes of Beaufort

Beaufort

Phone: 252-835-9035 · Web: <https://loavesandfishesnc.org>

Cost: free

Loaves and Fishes on Harkers Island

Harkers Island Fire Station, Down East 28531

Phone: (252) 838-9036 · Email: dbruce@loavesandfishesnc.org

Hours: last Thursday of the month only

Cost: free

Serves: all

Services: staffed_pantry

Martha's Mission Cupboard

Morehead City

Phone: 252-726-1717 · Web: <https://marthasmission.com>

Cost: free

Martha's Mission Cupboard Inc.

901 Bay Street, Morehead City 28557

Phone: (252) 726-1717 · Email: marthasmission@centurylink.net · Web: <https://marthasmission.com>

Cost: free

Services: `staffed_pantry`

Matthew 25 at St James UMC

1007 Orange Street, Newport 28570

Phone: (252) 223-4231 · Email: admin@matthew25jumc.org

Cost: free

Services: `staffed_pantry`

Spanish spoken

Matthew 25 Food Pantry & Thrift Store

Newport

Phone: 252-223-4727 · Web: <https://stjamesnewportnc.com/community-ministry>

Cost: free

Meals on Wheels - Atlantic, Cedar Isle, Stacy, Sea Level

Down East

Phone: (252) 808-7460

Cost: other

Services: `hot_meals_delivery`

Meals on Wheels - Beaufort

Beaufort 28516

Phone: (252) 241-4292 · Email: sb2howarth@gmail.com

Hours: pickup at Donna's Deli at 10:30, deliveries usually complete by noon

Cost: other

Serves: `older_adults`

Services: `hot_meals_delivery`

Meals on Wheels - Emerald Isle, Pelletier, Bogue, Hubert, Stella, Cape Carteret, Swansboro

Western

Phone: (910) 352-8511 · Email: crownroyal39@gmail.com

Cost: other

Services: `hot_meals_delivery`

Spanish spoken

Meals on Wheels - Morehead City, Atlantic Beach

Hope Mission, Morehead City

Phone: 252-240-2359 x4 · Email: glenn@hopemissionnc.org

Hours: pick up hot meals in a soft cooler from Hope Mission and deliver to homebound seniors. Need more drivers for Newport area and for back up substitute drivers.

Cost: free

Services: `hot_meals_delivery`

Spanish spoken

Meals on Wheels - Newport

Newport

Phone: (252) 659-2208 · Email: stjamesumc@bizec.rr.com

Cost: free

Serves: older_adults

Services: hot_meals_delivery

Spanish spoken

Meals on Wheels - Smyrna, Marshallberg, Williston, Davis

Down East

Phone: (252) 528-0038 · Email: bethpiner@ec.rr.com

Hours: pick up meals at 11:00, finish by noon

Cost: other

Services: hot_meals_delivery

Meals on Wheels - Straits, Harkers Island, Bettie, Otway, Gloucester

Down East

Phone: (252) 728-4566

Cost: other

Services: hot_meals_delivery

Project Christmas Cheer

County-wide

Phone: 252-247-7275

Cost: free

Salvation Army

Morehead City

Phone: 252-726-7147 · Web: <https://salvationarmycarolinas.org>

Cost: free

Salvation Army 'Soup, Soap & Salvation'

Morehead City 28557

Phone: (252) 726-7147 · Email: karen.jenkins@uss.salvationarmy.org · Web:

<https://www.salvationarmyusa.org/nc/morehead-city/bridges-st-corps/soup-soap-and-salvation/>

Hours: 1st Th - 4:00 Ekklesia, 4:30 Willis Trailer Park, 5:00 Crystal Coast Apts.

2nd Th - 4:45 Weep-N-Oaks MHP, 5:30 Sunset Pines, 6:15 Castle Glenn Apts.

3rd Th - 5:30 Atlantic MBC in Atlantic.

4th Th - 5:15 Trinity UMC in Marshallberg.

Cost: free

Services: hot_meals_delivery

Salvation Army food pantry

2800 Bridges Street, Morehead City 28557

Phone: (252) 726-1747 · Email: MoreheadcityNC@uss.salvationarmy.org

Hours: closed for lunch between 12:00-1:00

Cost: free

Services: staffed_pantry, collection

Spanish spoken

Second Blessings Community Outreach & Thrift Store

County-wide

Phone: 252-726-7921

Cost: free

Senior Center 'Congregate Nutrition'

3820 Galantis Drive, Morehead City 28557

Phone: (252) 247-2626

Hours: register in advance for meals at front desk

Cost: free

Serves: older_adults

Services: hot_meals_eat_in

Senior Center meal delivery

3820 Galantis Drive, Morehead City 28557

Phone: (252) 247-2626 · Email: melanie.reed@carteretcountync.gov

Cost: free

Serves: older_adults

Services: hot_meals_delivery

Storehouse Pantry

3114 Bridges Street, Morehead City 28557

Phone: (252) 725-5539 · Email: storehouse505@gmail.com

Cost: free

Serves: all

Services: staffed_pantry, collection

Unitarian Coastal Fellowship

2900 Bridges St, Morehead City 28557

Phone: (252) 269-0775 · Email: helenekelly1@gmail.com · Web: <https://ucfnc.org>

Hours: our food pantry is outside of the church, so available 24/7 - we restock each morning from our internal storage area

Cost: free

Serves: all

Services: collection, self_serve_pantry

Wildwood Presbyterian Church

276 Wildwood Rd, Newport 28570

Phone: (252) 648-8005 · Email: vmjross@hotmail.com

Cost: free

Serves: all

Services: staffed_pantry

02 · 7 organizations

Housing & Homelessness

Shelter, rental assistance, transitional housing, and outreach.

Atlantic House

Morehead City

Phone: 252-726-9732

Cost: free

Coastal Carolina Center for Women's Ministries

Newport

Phone: 252-764-0722 · Web: <https://cwmhope.org/locations/pages/newport-nc-coastal-carolina-cwm>

Cost: free

Coastal Community Action Inc.

Newport

Phone: 252-223-1630 · Web: <https://ccaction.org>

Cost: free

Crystal Coast Habitat for Humanity

Newport

Phone: 252-223-2111 · Web: <https://habitatcrystalcoast.org>

Cost: free

Family Promise of Carteret County

Morehead City

Phone: 252-222-0019 · Web: <https://familypromisecarteret.org>

Cost: free

Salvation Army

Morehead City

Phone: 252-726-7147 · Web: <https://salvationarmycarolinas.org>

Cost: free

St. James United Methodist Church

Newport

Web: <https://stjamesnewportnc.com>

Cost: free

03 · 2 organizations

Foster Care

Support for foster families, youth in care, and adoption services.

Carteret County DSS – Child Welfare

Beaufort

Phone: 252-728-3181 · Web: <https://carteretcountync.gov>

Cost: free

Guardian ad Litem Program

County-wide

Web: <https://volunteerforgal.org>

Cost: free

04 · 10 organizations

Youth & Education

Tutoring, after-school, mentorship, literacy, scholarships.

Boys & Girls Clubs of Coastal Carolina

Morehead City

Phone: 252-222-3007 · Web: <https://bgccp.com/clubs/sunshine-lady-club/>

Cost: free

Camp Albemarle (YMCA Camping & Retreat)

Newport

Phone: 252-726-4848 · Web: <https://campalbemarle.org>

Cost: free

Carteret Community College Foundation

Morehead City

Phone: 252-222-6000 · Web: <https://carteret.edu/foundation>

Cost: free

Carteret County Partnership for Children

Morehead City

Phone: 252-727-0440 · Web: <https://carteretkids.org>

Cost: free

Carteret County Public School Foundation

County-wide

Phone: 252-728-4583 · Web: <https://ccpsfoundation.com>

Cost: free

Crystal Coast Autism Center

Morehead City

Phone: 252-240-2255 · Web: <https://ccautismcenter.org>

Cost: free

Sweet Tea & Chai Society

County-wide

Phone: 734-218-6622

Cost: free

Take A Kid Fishing Foundation

Morehead City

Phone: 252-808-8303 · Web: <https://takf.org>

Cost: free

The Bridge Down East

Down East

Phone: 252-504-2581 · Web: <https://thebridgedowneast.org>

Cost: free

YouthLife

County-wide

Cost: free

05 · 9 organizations

Senior Care

Meals on wheels, visitor programs, caregiver respite, senior centers.

Brookdale Senior Living

Newport area

Cost: free

Croatan Ridge

County-wide

Cost: free

Crystal Coast Hospice House

Morehead City

Phone: 252-808-2244 · Web: <https://crystalcoasthospicehouse.org>

Cost: free

Embassy Healthcare

County-wide

Cost: free

Hospice of Carteret County

Morehead City

Phone: 252-808-6085

Cost: free

Leon Mann Jr. Enrichment Center

Morehead City

Phone: 252-247-2626 · Web: <https://carteretcountync.gov/168/Senior-Services>

Cost: free

Meals on Wheels

County-wide

Phone: 252-241-4292 · Web: <https://mealsonwheelsamerica.org>

Cost: free

Pine Knoll Shores Council on Successful Aging

Pine Knoll Shores

Web: <https://pkscouncilonsuccessfulaging.com>

Cost: free

Pruitt Crystal Coast

County-wide

Cost: free

06 · 7 organizations

Animals & Wildlife

Shelters, rescue, rehabilitation, and wildlife preservation.

Carteret County Humane Society

853 Hibbs Rd, Newport, NC 28570, Newport 28570

Phone: 252-247-7744 · Email: cchsshelter@yahoo.com · Web: <https://cchsshelter.com>

Cost: free

Emerald Isle Sea Turtle Patrol

Emerald Isle

Email: cheryl.balthrop@emeraldisleseaturtlepatrol.com · Web: <https://www.eiseaturtlepatrol.org>

Cost: free

Island Cat Allies

P.O. Box 4068, Emerald Isle, NC 28594, Emerald Isle 28594

Phone: 252-354-7780 · Email: islandcatallies@gmail.com · Web: <https://islandcatallies.org>

Cost: free

Misplaced Mutts

P.O. Box 58, Beaufort, NC 28516, Beaufort 28516

Phone: 252-248-1217 · Email: MuttsMobile@MisplacedMutts.com · Web: <https://misplacedmutts.com>

Cost: free

Outer Banks Wildlife Shelter (OWLS)

100 Wildlife Way, Newport, NC 28570, Newport 28570

Phone: 252-240-1200 · Web: <https://outerbankswildlifeshelter.com>

Cost: free

Protectors of Homeless Pets of Carteret County

Emerald Isle

Phone: 252-723-0319

Cost: free

RescueFund.Net

Beaufort

Phone: 203-858-3432 · Email: joyce@rescuefund.net · Web: <https://www.rescuefund.net>

Cost: free

RescueFund brings corporate experience and passionate energy to its mission of broadening and accelerating: funding for a robust and united Spay & Neuter program education around animal overpopulation and solutions animal shelter adoption

07 · 10 organizations

Environment

Coastal cleanup, conservation, education, and advocacy.

Bogue Banks Surfrider Foundation

Bogue Banks

Web: <https://nc.surfrider.org>

Cost: free

Cape Lookout National Seashore

Harkers Island

Phone: 252-728-2250 · Web: <https://nps.gov/calo>

Cost: free

Coastal Carolina Riverwatch

700 Arendell St. Suite 2, Morehead City 28557

Phone: (252) 222-3960 · Web: coastalcarolinariverwatch.org

Cost: free

Core Sound Waterfowl Museum

Harkers Island

Phone: 252-728-1500 · Web: <https://coresound.com>

Cost: free

Fort Macon State Park

Atlantic Beach

Phone: 252-726-3775 · Web: <https://ncparks.gov/fort-macon-state-park>

Cost: free

Foundation for Shackleford Horses

Harkers Island

Phone: 252-728-6308 · Web: <https://nps.gov/calo/learn/historyculture/shacklefordhorses.htm>

Cost: free

Litter Free Land & Sea

Carteret County

Phone: 252-648-7880 · Web: <https://litterfreelandandsea.com>

Cost: free

NC Aquarium at Pine Knoll Shores

Pine Knoll Shores

Phone: 252-247-4003 · Web: <https://ncaquariums.com/pine-knoll-shores>

Cost: free

NC Coastal Federation

3609 NC-24, Newport, NC 28570, Newport 28570

Phone: 252-393-8185 · Email: stacias@nccoast.org · Web: <https://nccoast.org>

Cost: free

Sierra Club – Crystal Coast Group

County-wide

Web: <https://sierraclub.org>

Cost: free

08 · 2 organizations

Domestic & Sexual Violence

Crisis lines, shelter, counseling, and court advocacy. Confidential.

Carteret County Domestic Violence Program

P.O. Box 2279, Morehead City, NC 28557, Morehead City 28557

Phone: 252-726-2336 · Email: info@carteretdomesticviolence.com · Web: <https://carteretdomesticviolence.com>

Cost: free

Carteret SPEAK

County-wide

Cost: free

09 · 5 organizations

Health Care Access

Free clinics, prescription help, dental, mental health access.

American Red Cross – Coastal Plains Chapter

Greenville (serves Carteret)

Phone: 252-355-3800 · Web: <https://redcross.org>

Cost: free

Broad Street Clinic

534 N 35th St Suite K, Morehead City, NC 28557, Morehead City 28557

Phone: 252-726-4562 · Email: assistantdirector@broadstreetclinic.org · Web: <https://broadstreetclinic.org>

Cost: free

Carteret Health Care Foundation

Morehead City

Phone: 252-499-6646 · Web: <https://carterethealth.org/giving>

Cost: free

COACH Hope

Morehead City

Phone: 252-732-4522 · Web: <https://facebook.com/p/COACH-HOPE-100064227413562>

Cost: free

La Leche League of Carteret County

County-wide

Phone: 984-219-8808 · Web: <https://llli.org>

Cost: free

10 · 3 organizations

Veterans

Benefits, housing, employment, and peer support for veterans.

Carteret County Veterans Services Office

Beaufort

Phone: 252-728-8440 · Web: <https://carteretcountync.gov>

Cost: free

Carteret Warriors for Recovery

Morehead City

Phone: 252-432-6861 · Email: carteretwarriors4recovery@gmail.com · Web: <https://cw4r.org>

Cost: free

Hope for the Warriors

National (local support)

Phone: 877-246-7349 · Web: <https://hopeforthewarriors.org>

Cost: free

11 · 6 organizations

Addiction & Recovery

Recovery support, harm reduction, and peer-led groups.

Carteret Long Term Recovery Alliance (CLTRA)

2101 Live Oak St, Beaufort, NC 28516, Beaufort 28516

Email: carteretltra@gmail.com · Web: <https://carteretltra.org>

Cost: free

Carteret Warriors for Recovery

Morehead City

Phone: 252-432-6861 · Email: carteretwarriors4recovery@gmail.com · Web: <https://cw4r.org>

Cost: free

Hope is Alive

Morehead

Phone: 252-570-3285 · Email: mike.hooper@hopeisalive.net · Web: <https://www.hopeisalive.net/moreheadcity>

Cost: free

Hope Mission Soup Kitchen

1410 Bridges St, Morehead City, NC 28557, Morehead City 28557

Phone: 252-240-2359 · Email: meals@hopemissionnc.org · Web: <https://hopemissionnc.org>

Cost: free

Peer Overdose Response Team (PORT)

Morehead City

Phone: 252-222-3888

Cost: free

Station Club / Easterseals

Morehead City

Phone: 252-808-7597 · Web: <https://eastersealsucp.com>

Cost: free

12 · 6 organizations

Civic Engagement

Voter registration, town hall hosting, community organizing.

Carteret Community Foundation

County-wide

Phone: 252-240-0011 · Web: <https://nccommunityfoundation.org/affiliate/carteret-community-foundation>

Cost: free

Carteret County Council for Women

County-wide

Web: <https://cccwomen.org>

Cost: free

Carteret Literacy Council

Morehead City

Phone: 252-808-2020 · Web: <https://carteretliteracycouncil.org>

Cost: free

League of Women Voters of Carteret County

County-wide

Phone: 252-728-6385 · Web: <https://lwwnc.org>

Cost: free

NC Seafood Festival

Morehead City

Phone: 252-726-6273

Cost: free

Queen Street Heritage Foundation

P.O. Box 2213, Beaufort, NC 28516, Beaufort 28516

Cost: free

13 · 10 organizations

Arts, History & Culture

Museums, historic sites, performing arts, and public art.

American Music Festival

Beaufort

Phone: 252-728-6152 · Web: <https://americanmusicfestival.org>

Cost: free

Arts Council of Carteret County

Morehead City

Phone: 252-726-7550 · Web: <https://artscouncilcarteret.org>

Cost: free

Beaufort Historical Association

Beaufort

Phone: 252-728-5225 · Web: <https://beauforthistoricsite.org>

Cost: free

Core Sound Carvers Decoy Guild

Davis (Down East)

Phone: 252-342-9811 · Web: <https://decoyguild.com>

Cost: free

Core Sound Waterfowl Museum

Harkers Island

Phone: 252-728-1500 · Web: <https://coresound.com>

Cost: free

Downtown Morehead City Revitalization Association

Morehead City

Phone: 252-808-0440 · Web: <https://downtownmoreheadcity.com>

Cost: free

Friends of Fort Macon

Atlantic Beach

Phone: 252-354-5132

Cost: free

History Museum of Carteret County

Morehead City

Phone: 252-247-7533 · Web: <https://carterethistory.org>

Cost: free



Morehead City Historical Society

Morehead City

Phone: 703-405-3597

Cost: free



NC Maritime Museum

Beaufort

Phone: 252-728-7317 · Web: <https://ncmaritime.org>

Cost: free

Keeping this directory accurate

This booklet is a snapshot. Programs open, close, and change their hours faster than any printed page can follow. The live directory is the authority, and it is free to search from any phone.

carteret-assist-hub.vercel.app

carteret-assist-hub.vercel.app/report